

Babes on the Square Too

Week Beginning: May 22, 2023

week 6 11 month - 5 Years

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk 6oz /4oz	Milk 6oz / 4oz	Milk 6oz/ 4oz	Milk 6oz / 4oz	Milk 6oz/ 4oz
Juice/Fruit/Vegetable.	Strawberries	Fresh oranges	Applesauce	Mandarin oranges	Fruit cocktail
Bread/Cereal	Rice Chex	French toast	Shredded wheat	Corn muffins	Kix
11 month-2 Substitutes		Mandarin oranges			
Lunch: Milk	6 oz/ 4oz	6 oz/4oz	6 oz/4oz	6 oz/4oz	6 oz/4 oz
Meat/Meat Alt.	grilled cheese	Beef taco Tuesday	Red beans and rice	Hamburgers	Ham sandwiches
Vegetables. or Fruit	tomato soup	five way mix vegetables	peas and carrots	Green beans	Baby carrots and ranch
Vegetables. or Fruit	Apricots	Mangoes	Fresh apples	Tropical fruit	Fresh pears
Bread	Wheat bread	corn tortillas	biscuits	Burger buns	Wheat bread
11 month-2 Substitutes			diced apples		
PM Snack: * (select 2 items) Milk					
Meat/Meat Alt.					
Juice/Fruit/Vegetable.	Applesauce	fruit cocktail	Peaches	Pineapples	Bananas
Bread/Cereal	Wheat thins	Rice, cakes	Cheez-Its	Animal crackers	Graham, crackers

*Snack only.... Items *must* be from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen.