



Babes on the Square Too

Weekly Menu

April 22-26, 2024

Meal	Component	Ages 1-2	Ages 3-5	Monday	Tuesday	Wednesday	Thursday	Friday
	Milk	½ cup Whole	¾ cup 2%	milk	milk	milk	milk	milk
Breakfast	Fruit/Vegetable	¼ cup	½ cup	apple slice	banana	raspberries	blueberries	pineapple
	Grain/Meat	½ oz eq	½ oz eq	biscuits w/jelly	Chex cereal	pancakes	waffles	kix
	Milk	½ cup Whole	¾ cup 2%	milk	milk	milk	milk	milk
	Fruit	1/8 cup	¼ cup	chunky pineapple	apricots	mix fruit	apple slice	peaches
Lunch	Vegetable	1/8 cup	¼ cup	mix vegetables	cabbage	broccoli	peas	
	Grain	½ oz eq	½ oz eq	roll	rice	wheat bread/wrap	roasted potatoes	french fries
	Meat/Meat Alternative	1 oz	1 ½ oz	cheese steak	fish nuggets	turkey breast &cheese	Swedish Meatballs	cheese pizza
	Milk	½ cup Whole	½ cup 2%	water	water	water	water	water
	Vegetable	½ cup	½ cup		carrots,celery	brownies		
Snack Pick 2	Fruit	½ cup	½ cup	peaches	grapes	apricots		
	Grain	½ oz eq	½ oz eq	goldfish			animal cracker w/cheese cubes	wheat thin
	Meat/Meat Alternative	½ oz	½ oz					sunbutter