

Babes on the Square Too
Week Beginning: March 27, 2023
11 month - 5 Years

week - 4

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk 6oz /4oz	Milk 6oz / 4oz	Milk 6oz/ 4oz	Milk 6oz / 4oz	Milk 6oz/ 4oz
Juice/Fruit/Vegetable.	bananas	Apricots	Pineapples	Mandarin oranges	fresh pears
Bread/Cereal	Rice chex	Cheesy Bacon quiche	Kix	Pancakes	Toasty-O
11 month-2 Substitutes					
Lunch: Milk	Milk 6oz/4oz	Milk 6oz/4oz	Milk 6oz/4oz	Milk 6oz/4oz	Milk 6oz/4oz
Meat/Meat Alt.	Mexican chicken soup.	Barbecue chicken	Ground beef Sloppy Joe	Turkey meatball stroganoff	Grilled cheese
Vegetables. or Fruit	Cauliflower and carrots	Sweet potato	Carrots	peas	Tomato soup
Vegetables. or Fruit	Mandarin oranges	Fruit cocktail	Applesauce	Mango	fresh pears
Bread	rice	dinner roll	Burger bun	Wheat pasta	Wheat bread
11 month-2 Substitutes					
PM Snack: * (select 2 items) Milk			milk 6oz/4oz		
Meat/Meat Alt.					
Juice/Fruit/Vegetable.	String cheese	Peaches		Applesauce	Bananas
Bread/Cereal	oyster crackers	Cheez-Its	Spice cake	Animal crackers	Trail mix

*Snack only.... Items *must* be from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu items are subject to change without notice, any changes will be reflected the day of on the menu board <https://docs.google.com/document/d/14koLVhEWRTRkZvW58P9JAnRaXxulcg5vUvoo3CruXTm0/edit>