



Babes on the Square Too

Weekly Menu

Meal	Component	Ages 1-2	Ages 3-5	Monday	Tuesday	Wednesday	Thursday	Friday
	Milk	½ cup Whole	¾ cup 2%					
Breakfast	Fruit/Vegetable	¼ cup	½ cup	r	C	W	T	
	Grain/Meat	½ oz eq	½ oz eq	T	S	Bananas	Grapes	Peaches
	Milk	½ cup Whole	¾ cup 2%					
	Fruit	1/8 cup	¼ cup	P	Bananas	Blackberries	Blueberries	Mandarin Oranges
Lunch	Vegetable	1/8 cup	¼ cup	Stringbeans	Roasted Cauliflower	Med Vegetables	Sautaaed Cabbag	Roasted Broccoli
	Grain	½ oz eq	½ oz eq	Tumeric Rice	Wheat Bread		Garlic Bread	
	Meat/Meat Alternative	1 oz	1 ½ oz		S	G	Cornbeef	
	Milk	½ cup Whole	½ cup 2%					
	Vegetable	½ cup	½ cup					
Snack Pick 2	Fruit	½ cup	½ cup		M	M		P
	Grain	½ oz eq	½ oz eq	G	C	P	T	A
	Meat/Meat Alternative	½ oz	½ oz					