



Babes on the Square Too

Weekly Menu

05/13 - 5/17/2024

Meal	Component	Ages 1-2	Ages 3-5	Monday	Tuesday	Wednesday	Thursday	Friday
	Milk	½ cup Whole	¾ cup 2%	Milk	Milk	Milk	Milk	Milk
Breakfast	Fruit/Vegetable	¼ cup	½ cup	Pears	Blueberries	Pineapple Chunks	Apricots	Pears
	Grain/Meat	½ oz eq	½ oz eq	Bagel	Chex Cereal	Turkey Sausage & Biscuit	English Muffin	Pancakes
	Milk	½ cup Whole	¾ cup 2%	Milk	Milk	Milk	Milk	Milk
	Fruit	1/8 cup	¼ cup	Apples	Mixed Fruit	Peaches	Pineapples	Peaches
Lunch	Vegetable	1/8 cup	¼ cup	French Fries	Mixed Vegetables	Broccoli	Corn	Carrots, Lettuce
	Grain	½ oz eq	½ oz eq	Whole Grain Bread	Rolls	Whole Grain Noodles	Brown Rice	Wrap
	Meat/Meat Alternative	1 oz	1 ½ oz	Tuna Fish	Burger	Fish Nuggets	Lemon Pepper Chicken	Chicken Caesar
	Milk	½ cup Whole	½ cup 2%	Water	Water	Water	Sunrise Smoothies	Apple Juice
	Vegetable	½ cup	½ cup				Carrot	
Snack Pick 2	Fruit	½ cup	½ cup	Apricots		Pineapples	Pineapple, Banana	Strawberries
	Grain	½ oz eq	½ oz eq	Pretzels	Wheat Thins	Animal Crackers		Ritz Crackers
	Meat/Meat Alternative	½ oz	½ oz		Cheese Cubes		Vanilla Yogurt	