

Babes on the Square To
Week Beginning: September 4 - September 8, 2023
11 month - 5 Years



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk		Milk 6oz/4oz	Milk 6oz/4oz	Milk 6oz/4oz	Milk 6oz/4oz
Juice/Fruit/Vegetable.		Apples	Pineapples	Peaches	Bananas
Bread/Cereal		Raisin Bread	Rice Crispy Cereal	Strawberry Pancake	Kixs Cereal
Protein					
Lunch: Milk		Milk 6oz/4oz	Milk 6oz/4oz	Milk 6oz/4oz	Milk 6oz/4oz
Meat/Meat Alt.	Center Closed	Beef Stir Fry	Grilled Cheese Sandwich	Chicken Quesadilla	Roasted Turkey
Vegetables. or Fruit		Mixed Veggies	Veggie Soup	Green Beans	Sweet Potatoes
Vegetables. or Fruit		Banana	Cucumbers	Applesauce	Mixed Fruit
Bread		Brown Rice	Whole Grain Bread	Tortilla	Whole Grain Roll
PM Snack: * (select 2 items)		Cheese Sticks	Yogurt	Cream Cheese Salsa Dip	
Milk	Labor Day				
Meat/Meat Alt.					
Juice/Fruit/Vegetable.					
Bread		Blueberry Muffins	Animal Crackers	Tortilla Chips	Goldfish

***Snack only.... Items must be from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice, any changes will be reflected the day of on the menu board outside the kitchen.**