

Babes on the Square Too
Week Beginning: January 23, 2023
2 Years - 5 Years

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk 6oz	Milk 6oz	Milk 6oz	Milk 6oz	Milk 6oz
Juice/Fruit/Vegetable.	Fresh oranges	Applesauce	Bananas	Fresh apples	Fresh pears
Bread/Cereal	Rice Chex	Oatmeal	Cornflakes	Biscuits	Kix
Meat/Meat				Beef gravy	
Lunch: Milk	Milk 6oz	Milk 6oz	Milk 6oz	Milk 6oz	Milk 6oz
Meat/Meat Alt.	Mini cheese ravioli	Chicken and cheese burritos	Baked fish Nuggets	Vegetable bacon quiche	Italian sausage
Vegetable. or Fruit	Peas	Spinach	Corn	Tomatoes peppers and onions	Carrots
Vegetable. or Fruit	Pineapples	Mangoes	Apricots	Strawberries	Fruit cocktail
Bread	Pasta	Sun-dried tomato tortillas	Rice pilaf	pie crust	Hot dog rolls
PM Snack: * (select 2 items) Milk					String cheese
Meat/Meat Alt.					
Juice/Fruit/Vegetable.	Fruit cocktail	Sliced apples	Tropical fruit	Fresh peaches	
Bread/Cereal	Oyster crackers	Graham crackers	Goldfish	Trail mix	Ritz crackers

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen.

Babes on the Square Too
Week Beginning: January 23, 2023
11 month- 2 Years

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk 4oz	Milk 4oz	Milk 4oz	Milk 4oz	Milk 4oz
Juice/Fruit/Vegetable.	Mandarin oranges	Applesauce	Bananas	Diced apples	Diced pears
Bread/Cereal	Rice Chex	Oatmeal	Cornflakes	Biscuits	Kix
Meat/Meat				Beef gravy	
Lunch: Milk	Milk 4oz	Milk 4oz	Milk 4oz	Milk 4 oz	Milk 4oz
Meat/Meat Alt.	Mini cheese ravioli	Chicken and cheese burritos	Baked fish Nuggets	Vegetable bacon quiche	Italian sausage
Vegetable. or Fruit	Peas	Spinach	Corn	Tomatoes peppers and onions	Carrots
Vegetable. or Fruit	Pineapples	Mangoes	Apricots	Strawberries	Fruit cocktail
Bread	Pasta	Sun-dried tomato tortillas	Rice pilaf	pie crust	Hot dog rolls
PM Snack: * (select 2 items) Milk					String cheese
Meat/Meat Alt.					
Juice/Fruit/Vegetable.	Fruit cocktail	Sliced apples	Tropical fruit	diced peaches	
Bread/Cereal	Oyster crackers	Graham crackers	Goldfish	Trail mix	Ritz crackers

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