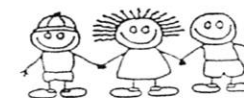


Babes on the Square Too
Week Beginning: August, 8 2022
11 months-2Years

| Meal Pattern | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------------|---------------------|---------------------|-------------------------------|--------------------|----------------------------|
| Breakfast: Milk | Milk 6oz | Milk 6oz | Milk 6oz | Milk 6oz | Milk 6oz |
| Juice/Fruit/Vegetable. | Fruit smoothie | Apricots ¼ C | Blueberries ¼ C | Strawberries ¼ C | Bananas ½ C |
| Bread/Cereal | bagels and jelly | Bran muffins | Raisin bran ½ C | French toast | life cereal ½ C |
| Ages 1-2 Substitutes | | | | | |
| Lunch: Milk | | | | | Milk 6 oz |
| Meat/Meat Alt. | B-L-T salad | Stuffed shells | sweet & sour turkey meatballs | beef & mushrooms | Chef's Choice 1 oz |
| Vegetable. or Fruit | Oranges ¼ C | 5 way mix | | Broccoli ¼ C | vegetable ¼ c |
| Vegetable. or Fruit | | Apples 1per serving | pineapples ¼ C | Pears ¼ C | Fruit ¼ C |
| Bread | W-W | | vegetable rice pilaf | sweet potatoes ¼ C | Egg noodles ¼ c |
| Ages 1-2 Substitutes | | | | | |
| PM Snack: * (select 2 items) Milk | | | | | |
| Meat/Meat Alt. | | | | | |
| Juice/Fruit/Vegetable. | apple slices ¼ C | peaches ¼ C | applesauce ¼ C | Cubed cheese | pineapples |
| Bread/Cereal | Graham crackers ¼ C | cheez-Its ¼ C | Wheat thins | club crackers ¼ C | Pineapple upside down cake |
| Ages 1-2 Substitutes | | | | | |

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen.

Babes on the Square Too
Week Beginning: August, 8 2022
3Years-5Years



| Meal Pattern | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------------|---------------------|---------------------|-------------------------------|--------------------|----------------------------|
| Breakfast: Milk | Milk 6oz | Milk 6oz | Milk 6oz | Milk 6oz | Milk 6oz |
| Juice/Fruit/Vegetable. | Fruit smoothie | Apricots ¼ C | Blueberries ¼ C | Strawberries ¼ C | Bananas ½ C |
| Bread/Cereal | bagels and jelly | Bran muffins | Raisin bran ½ C | French toast | life cereal ½ C |
| Ages 1-2 Substitutes | | | | | |
| Lunch: Milk | | | | | Milk 6 oz |
| Meat/Meat Alt. | B-L-T salad | Stuffed shells | sweet & sour turkey meatballs | beef & mushrooms | Chef's Choice 1 oz |
| Vegetable. or Fruit | Oranges ¼ C | 5 way mix | | Broccoli ¼ C | vegetable ¼ c |
| Vegetable. or Fruit | | Apples 1per serving | pineapples ¼ C | Pears ¼ C | Fruit ¼ C |
| Bread | W-W | | vegetable rice pilaf | sweet potatoes ¼ C | Egg noodles ¼ c |
| Ages 1-2 Substitutes | | | | | |
| PM Snack: * (select 2 items) Milk | | | | | |
| Meat/Meat Alt. | | | | | |
| Juice/Fruit/Vegetable. | apple slices ¼ C | peaches ¼ C | applesauce ¼ C | Cubed cheese | pineapples |
| Bread/Cereal | Graham crackers ¼ C | cheez-Its ¼ C | Wheat thins | club crackers ¼ C | Pineapple upside down cake |
| Ages 1-2 Substitutes | | | | | |

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen.