

Babes on the Square Too

January 28th through February the 1st

Week Beginning: _____



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk Juice/Fruit/Vegetable. Bread/Cereal Other	Milk	Milk	Milk	Milk	Milk
	Diced Pears	Diced Peaches	Fruit Cocktail	Diced Pears	Fruit Cocktail
	Kix Cereal	Cheerios	Cranberry Scones	Bread Pudding	Life Cereal
Lunch: Milk Meat/Meat Alt. Vegetable. or Fruit Vegetable. or Fruit Bread	Milk	Milk	Milk	Milk	Milk
	Chicken Alfredo	Hamburgers with the Fixings	Stuffed Shells	Cheesy Chicken Hash Brown Casserole	Sliced Roast Ham with Pineapple Sauce
	Mixed Fruit	Diced Peaches	Applesauce	Fruit Cocktail	Diced Pears
	Green Beans	Lettuce/Pickle	Green Beans	Hash Browns	Green Beans
	Pasta	Whole Wheat Roll	Pasta	Ritz Crackers	Hawaiian Rolls
PM Snack: * (select 2 items) Milk Meat/Meat Alt. Juice/Fruit/Vegetable. Bread/Cereal					
	Apples	Bananas	Diced Pears	Applesauce	Diced Peaches
	Ghram Crackers	Ritz Crackers	Pretzel Fish	Pretzel Goldfish	Cheddar Goldfish

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.