

Babes on the Square Too

October 8th through 12th

Week Beginning: _____



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk Juice/Fruit/Vegetable. Bread/Cereal Other	Milk	Milk	Milk	Milk	Milk
	Mixed Fruit	Diced Peaches	Diced Peaches	Fruit Cocktail	Fruit Cocktail
	French Toast	Rice Chex	Biscuits with Strawberry Butter	Cheerios	Cranberry Scones
Lunch: Milk Meat/Meat Alt. Vegetable. or Fruit Vegetable. or Fruit Bread	Milk	Milk	Milk	Milk	Milk
	Turkey Sandwiches	Chicken and Stars Soup	3 Cheese Lasagna	Lemon Chicken and Broccoli	Black Bean Soup Carrots, Celery and Onions
	Mixed Vegetables	Soup Vegetables	Hot Peas	Asian Vegetables	
	Mixed Fruit	Mixed Fruit	Fruit Cocktail	Mandarin Oranges	Applesauce
	Whole Wheat Bread	Whole Grain Bread	Whole Wheat Bread	Rice	Whole Wheat Bread
PM Snack: * (select 2 items) Milk Meat/Meat Alt. Juice/Fruit/Vegetable. Bread/Cereal					
			Hummus		
	Apples	Bananas		Sliced Oranges	Pear Cobbler
	Cheddar Goldfish	Mini Pretzels	Pita Chips	Ghram Crackers	Cobbler Topping

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed.
Menu Items are subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen