

# Babes on the Square Too

March 12<sup>th</sup> Through 16<sup>th</sup>

Week Beginning: \_\_\_\_\_



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Vegetable.	Applesauce	Blueberries	Diced Peaches	Sliced Oranges	Fruit Cocktail
Bread/Cereal	Cinnamon Spice Oatmeal	Granola Cereal	Cheerios	English Muffin	French Toast
Other		Yogurt Parfaits			
<b>Lunch:</b> Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Chicken Salad Sandwich	Beef Lo'mein	Chicken Noodle Casserole	Turkey Vegetable Soup	Swedish-style Meatballs
Vegetable. or Fruit	Mandarin Oranges	Oriental Vegetables	Mixed Vegetable	Soup Vegetables	Hot Carrots
Vegetable. or Fruit	Baby Carrots	Applesauce	Diced Pears	Fruit Cocktail	Diced Pears
Bread	Croissant Rolls	Noodles	Egg Noodles	Whole Grain Bread	Bread Stick
<b>PM Snack:</b> * (select 2 items)				Milk	
Milk					
Meat/Meat Alt.					
Juice/Fruit/Vegetable.	Apple	Bananas	Mandarin Oranges		Diced Pears
Bread/Cereal	Ghram Crackers	Pretzel Goldfish	Cheddar Goldfish	Animal Crackers	Ritz Crackers

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menu Items are subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.