

Babes on the Square Too

November 27th thru December 1st

Week Beginning: _____



| Meal Pattern | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---------------------------------|--------------------------------|-------------------------------|------------------------|------------------------------|
| Breakfast: Milk Juice/Fruit/Vegetable. Bread/Cereal Other | Milk | Milk | Milk | Milk | Milk |
| | Diced Peaches | Fruit Cocktail | Diced Pears | Fruit Cocktail | Diced Peaches |
| | Cheerios | French Toast Sticks | Kix | Buttermilk Biscuit | Rice Chex Cereal |
| | | | | Turkey Sausage Patties | |
| Lunch: Milk Meat/Meat Alt. Vegetable. or Fruit Vegetable. or Fruit Bread | Milk | Milk | Milk | Milk | Milk |
| | Meatballs w/ Spaghetti Sauce | Soft Tacos with Ground Beef | Chicken and Wild Rice Soup | BBQ Chicken | Kielbasa with Baked Beans |
| | Peas | Black Beans | Soup Vegetables | Green Beans | Baked Beans |
| | Diced Pears | Diced Peaches | Fruit Cocktail | Applesauce | Mandarin Oranges |
| | Spaghetti Noodles | Flour Tortilla | Rice | Corn Bread | Hawaiian Roll |
| PM Snack: * (select 2 items) Milk Meat/Meat Alt. Juice/Fruit/Vegetable. Bread/Cereal | | | | | |
| | | | | | |
| | Apples | Bananas | Pears | Fresh Pineapple | Fruit Cocktail |
| | Ghram Crackers | Ritz Crackers | Cheddar Gold Fish | Pretzel Goldfish | Animal Crackers |

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed.
Menu Items are subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen