

# Babes on the Square Too

November 20<sup>th</sup> thru 24<sup>th</sup>

Week Beginning: \_\_\_\_\_



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk Juice/Fruit/Vegetable.  Bread/Cereal  Other	Milk	Milk	Milk		
	Diced Peaches	Fruit Cocktail	Diced Pears		
	Cheerios	Waffle Sticks	Life Cereal	CLOSED	CLOSED
<b>Lunch:</b> Milk Meat/Meat Alt.  Vegetable. or Fruit  Vegetable. or Fruit  Bread	Milk	Milk	Milk		
	Red Beans and Rice	Diced Deli Meats and Cheeses	Deli Beef Sandwiches		
	Creole Vegetables	Chefs Salad	Steamed Broccoli	FOR	FOR
	Diced Pears	Diced Peaches	Applesauce	THE	THE
	Rice	Whole Wheat Bread	Whole Wheat Bread		
<b>PM Snack:</b> * (select 2 items) Milk Meat/Meat Alt.  Juice/Fruit/Vegetable.  Bread/Cereal				HOLIDAY	HOLIDAY
	Apples	Bananas	Mandarin Oranges		
	Ghram Crackers	Ritz Crackers	Cheddar Gold Fish		

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. All Menu items are subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.