

Babes on the Square Too

November 13th Thru 17th

Week Beginning: _____



Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Vegetable.	Mandarin Oranges	Diced Pears	Fruit Cocktail	Fresh Pineapple	Sliced Bananas
Bread/Cereal	Life Cereal	Mini Pancakes	Kix Cereal	Harvest Spice Oatmeal	Cheerios
Other					
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Cheeseburger	Lemon Chicken	Chicken and Cheese	Turkey Meatloaf	Cowboy's Lunch Pie
Vegetable. or Fruit	Macaroni Bake		Pasta Bake		
Vegetable. or Fruit	Cauliflower	Oriental Vegetables	Peas	Whipped Potatoes	Peas and Carrots
Vegetable. or Fruit	Diced Pears	Fruit Cocktail	Applesauce	Mandarin Oranges	Fruit Cocktail
Bread	Pasta	Rice	Pasta	Hawaiian Rolls	Cornbread
PM Snack: * (select 2 items)					
Milk					
Meat/Meat Alt.					
Juice/Fruit/Vegetable.					
Juice/Fruit/Vegetable.	Apples	Bananas	Cucumbers with Ranch	Pears	Apples
Bread/Cereal	Cheddar Goldfish	Ghram Crackers	Pretzel Goldfish	Special Treat from Kitchen	Ritz Crackers

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. All Menu items are subject to change without notice due to availability of items, any changes will be reflected the day of on the menu board outside kitchen.