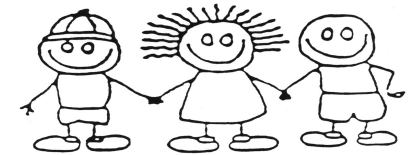


Babes on the Square Too

October 16th through 20th

Week Beginning: _____



| Meal Pattern | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--------------------------------|-----------------------------|---|-----------------------------|-------------------|
| Breakfast: Milk Juice/Fruit/Vegetable. Bread/Cereal Other | Milk | Milk | Milk | Milk | Milk |
| | Diced Peaches | Diced Pears | Applesauce | Bananas | Fruit Cocktail |
| | Cream of Wheat | Corn Flakes | Life Cereal | Waffles w/Syrup | Cheerios |
| | | | | Turkey Sausages | |
| Lunch: Milk Meat/Meat Alt. Vegetable. or Fruit Vegetable. or Fruit Bread | Milk | Milk | Milk | Milk | Milk |
| | Lentil Soup w/smoked turkey | Spaghetti with Meatballs | Breaded Chicken Tender | Sliced Cheese | Turkey Sandwiches |
| | Lentils | Green Beans | Mixed Vegetables | Minestrone Soup | Sliced Cucumbers |
| | Mandarin Oranges | Applesauce | Diced Pears | Sliced Oranges | Mandarin Oranges |
| | Whole Wheat Bread | Noodles | Pomegranate Rice | Sliced Whole Wheat Bread | Whole Wheat bread |
| PM Snack: * (select 2 items) Milk Meat/Meat Alt. Juice/Fruit/Vegetable. Bread/Cereal | | | | | |
| | | | | | |
| | Apples | Bananas | Diced Peaches | Applesauce | Pears |
| | Cheddar Goldfish | Triscuits | Soft Pretzel Bites with Cheese Sauce | Ritz Crackers | Pretzel Goldfish |

*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed. Menus Items are subject to change without notice, any changes will be reflected the day of on the menu board outside kitchen